

Best Escape Anyone Can Have...



**81st Annual WSSA Conference
& Training Institute
June 13 & 14, 2018**

Chula Vista Resort
Wisconsin Dells, Wisconsin





General Information

Mission Statement

The Wisconsin Social Services Association is dedicated to working to improve the well-being of all people throughout the State of Wisconsin by fostering a commitment to human dignity based on respect, honesty and integrity.

Reservations

Chula Vista Resort has set aside a block of rooms for conference attendees. The room rate is \$82 for single and \$109 for double. Please refer to block ID # F95270 when making your reservation. To make reservations, call 855-252-3799. Rooms must be guaranteed and accompanied by a first night room deposit. Please make reservations by June 1, 2018 as there are other events taking place in the area during the week of conference.

Vendors

Vendor displays will be available Wednesday from 9:00 a.m. through Thursday at 2:30 p.m. If interested in contracting as a vendor, contact Jaci Fuller (715) 225-3978.

Theme Night

Wednesday is the traditional theme night. This year's theme is "Be Shore of Yourself and Come Out of Your Shell". Use your imagination and come dressed for a night that you and others will remember!

Association Meeting

WSSA will conduct its Annual Business Meeting on Wednesday June 13, 2018 at 5:30 p.m.

Your attendance and input are needed. You must be a current WSSA member to vote. Current membership is 7/1/17 to 6/30/18.

**Those attending conference are eligible voting members.*

Dress

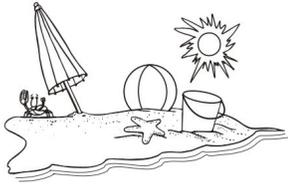
We want you to be comfortable, so dress casually. To ensure your comfort, you may want to bring a sweater or light jacket.

Training Requirements

This conference also meets training hour requirements. Keep your booklet to verify social work and W-2 professional development training hours. Enhanced Case Management equivalency hours will also be available for some sessions. This information will be on our website soon.

Website

Visit the WSSA website at www.wssa.ws



Conference Highlights

Wednesday, June 13, 2018

8:00 a.m. - 4:00 p.m.	Registration
10:00 a.m. - 10:15 a.m.	Welcome <i>Kimm Peters, WSSA President 2017-2018</i>
10:15 a.m. - 11:45 a.m.	Keynote Address: "Be the Exception... 7 Steps to Transformation" <i>Presented by Annie Mehan</i>
11:45 a.m. - 12:45 p.m.	Past Presidents' Luncheon <i>Hosted by Missy Hubacher, Past President</i> <i>Invited: Brad Wassink, Assistant Deputy Secretary, DCF</i>
1:00 p.m. - 2:30 p.m.	Workshops
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:15 p.m.	Workshops
5:30 p.m. - 6:30 p.m.	Annual Business Meeting - Hors D'oeuvres
5:30 p.m. - 9:00 p.m.	Photo Booth
6:30 p.m. - 8:00 p.m.	Theme Night Dinner- "Be Shore of Yourself and Come out of Your Shell" (Beach Theme)

Thursday, June 14, 2018

7:30 a.m. - 12:00 p.m.	Registration
7:45 a.m. - 8:45 a.m.	Breakfast
9:00 a.m. - 10:30 a.m.	Workshops
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - 12:15 p.m.	Workshops
12:15 pm. - 1:30 p.m.	Awards Luncheon - All are invited & encouraged to join us for this luncheon honoring some of WSSA's top performers! <i>Hosted by Kimm Peters, WSSA President 2017-2018</i>
1:30 p.m. - 3:00 p.m.	Workshops

Reminder...
Workshops and Speakers are
subject to change.





Schedule of Events

Wednesday, June 13, 2018

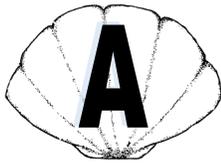
8:00 a.m. - 4:00 p.m. **Registration**

10:00 a.m. - 10:15 a.m. **Welcome & Opening**
Kimm Peters, WSSA President 2017-2018

10:15 a.m. - 11:45 a.m. **Keynote Address: “Be the Exception... 7 Steps to Transformation”**
Presented by: Annie Meehan

11:45 a.m. - 12:45 p.m. **Past Presidents’ Luncheon**
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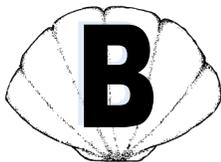
1:00 p.m. - 2:30 p.m. **Workshops**



Trauma Informed Care: Putting Humanity Back into Human Services

Presented by Scott Webb, MS, Trauma Informed Coordinator at the State of Wisconsin DHS

Trauma-informed care is an intervention and organizational approach that focuses on how trauma may affect an individual’s life and their response to receiving behavioral health services. This presentation will explore trauma and its prevalence in society. We will review the adverse childhood experiences study and how the five values of trauma-informed care drive connection and can be applied in both mental health and substance use services.



Out of State Usage/Duplication Tips and Tricks

Presented by OIG, Tony Gehring and Aimee Rentmeester

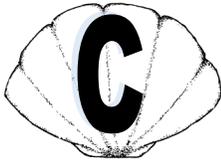
During this workshop, OIG will look into building a case that results from out of state usage of SNAP benefits or duplication of SNAP and/or Medical Assistance benefits. This workshop will include the identification of cases and successful casefile building as well as best practices to be successful at hearing. It will also include additional looks at State Statutes and Federal Regulations when applicable.



Schedule of Events

Wednesday, June 13, 2018

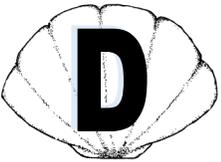
1:00 p.m. - 2:30 p.m. **Workshops (Continued)**



Living a Life of Impact

Presented by Annie Meehan, Life Coach

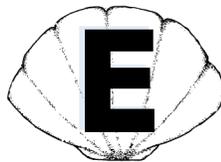
This workshop will share hope, opportunity and believing we are all extraordinary. Sharing with someone each day that they too are extraordinary. Annie will remind us to encourage people, not only on their bad days, but on their good days, too. She reminds us we are never alone and that life is about creating meaningful connections. How do you want people to remember you? What will they remember about you? Will you have touched them? Did you smile and make them feel special?



Veteran's Suicide: Understanding the Cause and Finding Solutions

Presented by Mike Crum, MSW, Marine Corps Veteran, Volunteer Coordinator for Veterans Education and Outreach at the Center for Suicide Awareness

This workshop will provide the understanding of trauma and mental health trauma, moral injury and causes that lead to veterans suicide. As Human Service Professionals, taking this course will assist you in understanding causes of suicide in the veteran and service member population, give you local resources for veterans in crisis, and how to take the next steps of working with Suicidal Ideation.



Addressing the Diversity and Inclusion by Better Understanding the Barriers

Presented by Gina Green-Harris, Director of the Center for Community Engagement and Health Partnerships

This workshop will provide the understanding of trauma and mental health trauma. Often we wonder why individuals are "underutilizing" our services, perhaps we need to flip our perspectives and acknowledge that we and our programs are underserving certain populations. Join this highly interactive workshop that will have participants walk a mile in another person's shoes. Participants will engage in activities that are designed to get your juices flowing and experience self-reflection in a healthy, fun manner. At the end of the session, participants will see how understanding life from another vantage point can make a big difference in how we develop our strategies to reach participants from all communities and all walks of life and help us diversify our programs.

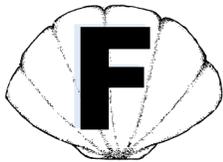
2:30 p.m. - 2:45 p.m. **Break**



Schedule of Events

Wednesday, June 13, 2018

2:45 p.m. - 4:15 p.m. **Workshops**



Keep Calm and Build Trust in Conflict

Presented by Jessica Beckendorf, UW-Extensions & Paula Hella, Family Educator at UW-Extensions

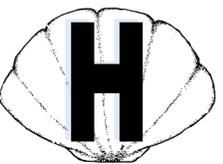
Trust is the heart of every relationship, and every interaction with a client is a chance to build trust— even when emotions are out of control and the stakes are high. Effectively managing conflict with clients requires building trust through showing sincerity, reliability, competence, and most of all, care. You will learn strategies for managing conflict at its height, and how to build trust with your clients.



Out of State Usage/Duplication Tips and Tricks

Presented by OIG, Tony Gehring and Aimee Rentmeester

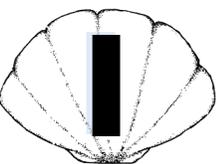
If you couldn't make it to the first session, OIG is back! Take a look into building a case that results from out of state usage of SNAP benefits or duplication of SNAP and/or Medical Assistance benefits. This workshop will include the identification of cases and successful casefile building as well as best practices to be successful at hearing. It will also include additional looks at State Statutes and Federal Regulations when applicable.



Managing Stress the Ayurvedic Way

Presented by Tresa Laferty, Certified Ayurvedic Practitioner, Certified Panchakarma Technician and Certified Advance Medicinal Aroma Therapist at Body Wise

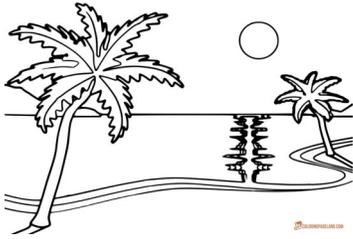
The very nature of our modern lives as Americans is at the root of much stress today. Being over-committed, trying to be all things to all people, not getting enough restful sleep, anxiety over job performance, multi-tasking, always being on the go and loading up on convenience foods since we “don't have time” to freshly prepare a meal. Sound like your life? Ayurveda is an ancient science that is BASED on living a life in balance. It will teach foundational ways to release tension in the body and mind, ease through stressful times, and have solid, sustainable energy throughout the day. In this 90 minute session, you will learn simple and effective concepts and techniques to manage a stressful life.



Understanding and Navigating Veteran's Benefits

Presented by Ali Nelson, Kenosha County Veterans Services Division Director

This workshop will help you and your clients better understand and navigate VA benefits that veterans and their eligible dependents might be entitled to.



Schedule of Events

Wednesday, June 13, 2018

2:45 p.m. - 4:15 p.m. **Workshops (Continued)**



Dementia: Working with Difficult Behaviors

Presented by Dinah LaCaze, Elder Abuse Prevention Program Coordinator Chapter 55 for Milwaukee County Department of Aging

This workshop will explore a brief overview of Alzheimer's and related dementia's identifying behaviors typically associated with the various types of irreversible dementias. Learn to understand, prevent and respond effectively to the behavior symptoms in an interactive environment. Determine what the importance of identifying what is being communicated to you. The purpose of this training is to show the importance of seeing each person as an individual, especially those who have irreversible dementia. The group will explore trigger identification and techniques to deescalate the situation.

5:30 p.m. - 9:00 p.m. **Photo Booth: Bucket Full of Memories**

5:30 p.m. - 6:30 p.m. **Annual Business Meeting: Don't be a Castaway...
Join us for some Beach Bites and Tikitizers!**

6:30 p.m. - 8:00 p.m. **Theme Night Dinner: Be Shore of Yourself and
Come out of Your Shell (Beach Theme)**





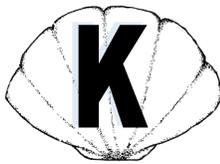
Schedule of Events

Thursday, June 14, 2018

7:30 a.m. - 12:00 p.m. *Registration*

7:45 a.m. - 8:45 a.m. *Breakfast Buffet at Kilbourn Grill*

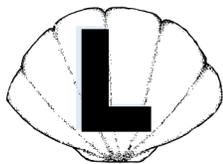
9:00 a.m. - 10:30 a.m. *Workshops*



Child Care Development Block Grant (CCDBG)

Presented by Rose Prochazka, Wisconsin Shares Section Chief and Erin Armbrust, Wisconsin Shares Program and Policy Analyst- Advanced

The reauthorization of the Federal Child Care Development Block Grant (CCDBG) creates authority for States to implement a number of policy changes that include a two generation approach to addressing the cycle of poverty. This fall the department will be implementing Phase 3 of our project changes that include enhancements to continuity of care for children as well as more family friendly policies. Phase 3 will be implemented in October 2018. These changes will include: policies that encourage 12 month authorizations, co-payment stabilization enhancements, and continuous subsidy authorizations during a parent's temporary absence from approved activity. During this presentation DCF will provide an overview of the changes that have been implemented so far and additional information on the anticipated policy updates.



Intro to Motivational Interviewing

Presented by Helen Sampson, LCSW, Quality Coordinator, Kenosha County Aging and Disability Resource Center

Motivational Interviewing is a collaborative, person-centered form of guiding which strengthens motivation for change. Motivational Interviewing is not a way of tricking people into doing what you want them to do, is not practice as usual, isn't easy to learn, nor is it a panacea. It can, however, lead to a decrease in personal frustration and burnout and to improved outcomes for the people we serve. This session will provide an overview of the benefits and challenges of this evidence-based practice including interactive examples and suggestions for next steps.



Assertive Communication

Presented by Stephanie Bellin, Corporate Trainer with Bellin Training Solutions

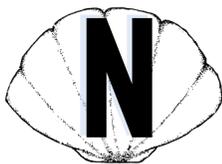
This workshop will teach and train various styles of communication in order to encourage self awareness. It will provide tips in dealing with different styles of communications and outline and describe in detail, what assertive communication is and how to incorporate that in daily life.



Schedule of Events

Thursday, June 14, 2018

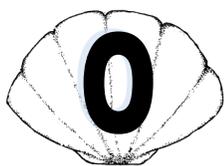
9:00 a.m. - 10:30 a.m. *Workshops (Continued)*



Escaping the Revolving Door of Recidivism

Presented by Sue Kastensen, Founder and Director of Fair Shake

Fair Shake is a free tool for all stakeholders to use to support successful reentry. With the nation's largest reentry resource directory, specific pages for employment, education and each stakeholder group, as well as a free 'office in the cloud' for those coming home, you'll find something for everyone. Fair Shake is completely free: no contracts to sign, no obligations to fulfill, no data to collect; just use the information in whatever way works best for your professional or personal life! Helping people to help themselves... this is how we will escape the revolving door of recidivism.



Relieving Stress- Let's Have a Good Laugh

Presented by Cynthia Paris, Director of Team COA

Are you overwhelmed, stressed and tired? Do you need a boost to energize your day? Join us for an interactive session of Group Laughter. A simple, easy and fun way to relieve stress alone or with your office mates that is based on Laughter Yoga principles. This session will have opportunities to move around or you can be seated. It's a fun and scientifically proven way to boost your oxygen levels, lower your stress and elevate your mood!

10:30 a.m. - 10:45 a.m. *Break*



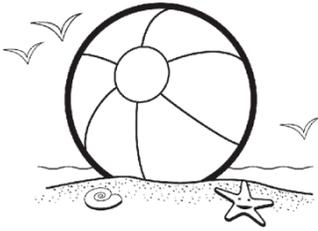
10:45 a.m. - 12:15 p.m. *Workshops*



The Opioid Epidemic in WI: What does it look like and what are we doing about it?

Presented by Paul Krupski, Director of Opiate Initiates at the State of Wisconsin DHS

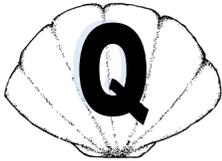
Opioid misuse and abuse is a major issue nationally, with prescription opioid addiction being one of the biggest drug problems today. Every day, more than 90 Americans die after overdosing on opioids. This session will share the extent of the opioid epidemic nationally, as well as sharing current trends and data specific to Wisconsin. We will also discuss signs and symptoms of opioid misuse and abuse and what Wisconsin is currently doing to address the opioid epidemic in our state.



Schedule of Events

Thursday, June 14, 2018

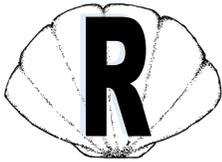
10:45 a.m. - 12:15 p.m. **Workshops (Continued)**



Assembling the PIECES for Customer-Driven Success

Presented by Thomas Prete, President, CW Solutions

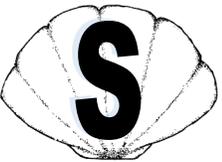
We administer a wide variety of programming in the Human Services field. Some programs are voluntary, other have a mandatory component. Regardless of the program, it is important to remember we are a service-driven industry. Join this interactive session to re-discover the PIECES for customer-driven programming and success.



Mindfulness

Presented by Stephanie Bellin, Corporate Trainer with Bellin Training

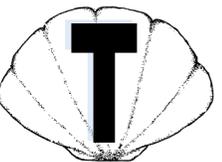
What is Mindfulness? Buddhist concept vs. Western Concept. This workshop will describe models of cognition and how that relates to mindfulness. We will discuss the benefits of mindfulness and introduce six parts of mindfulness with interactive mindfulness exercises.



Civilian Response to Active Shooter Events (CRASE)

Presented by Molly Thomson, Police Officer for the City of Madison Police Department

Have you ever seen the news about an active shooter even and wondered "What would I do in that situation?" In this presentation you will learn about what you can do if you ever find yourself in the midst of an active shooter situation. Although active shooter events are rising in number, and the media often sensationalizes them, active shooter events are still relatively rare. Active shooter events unfold quickly and people can be wounded or killed. Like many hazards of our modern world, education can go a long way to mitigate our fear of the unknown and empower us to respond effectively.



Team Building

Presented by Cynthia Paris, Director of Team COA

Come together and re-energize! This session will have teambuilding activities to get to know others, share, discuss strengths and improvement areas while having some fun! Interactive ideas you can bring back to your team for revitalizing meetings or to enliven the team during a stressful week. Discussion techniques will allow opportunity to encourage sharing amongst the whole team—both the more talkative and the more reserved in your team. Some traditional concepts plus interesting concepts.

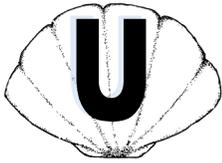


Schedule of Events

Thursday, June 14, 2018

12:15 p.m. - 1:30 p.m. **Awards Luncheon**
Hosted by Kimm Peters, WSSA President

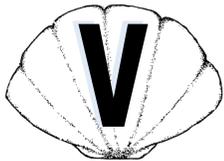
1:30 p.m. - 3:00 p.m. **Workshops**



Trauma Informed Care Among the Homeless & Mental Health Populations

Presented by Kristina Bechtel, Social Worker for La Crosse County Comprehensive Community Services (CCS)

This workshop is intended for any individuals who provide support to those experiencing homelessness and/or have mental health diagnosis. The audience will be provided with a general knowledge of trauma and its effects on the clientele we come into contact with every day. The workshop will also offer suggestions on how to incorporate trauma-informed care to promote a more successful response by the client and strengthen the potential for recovery. A combination of educational materials and the personal story of the presenter will be utilized.



Understanding Exemptions for the ABAWD Work Requirements

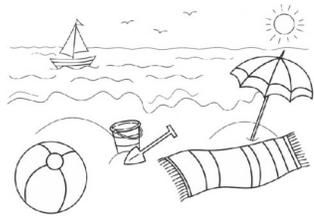
Presented by Thomas Prete, President, CW Solutions and Kara Mueller, DHS Trainer
Join Kara Mueller from DHS IM Training Unit and Thomas Prete from CW Solutions to review current ABAWD Work Requirements Exemptions. Learn what they are, the verification requirements and how to enter them correctly in CWW. This interactive session includes a handout of the PowerPoint and a quick reference desk aid.



What's it Like? How does it feel to have some type of Dementia?

Presented by Lynda Markut, Workplace Education Coordinator at Alzheimer's Association of Southeastern Wisconsin

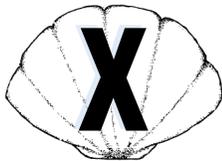
Through education about various types of dementia and how they progress, interactive exercises and anecdotal information from individuals who have dementia, participants will be able to better understand how it might feel to have dementia. Participants will be able to differentiate the difference between Alzheimer's and dementia, Frontotemporal Dementia, Lewy Body Disease or Vascular Impairment, how it might feel to experience language changes in Alzheimer's disease and what the person with dementia needs to continue to feel engaged in life while being challenged with dementia.



Schedule of Events

Thursday, June 14, 2018

1:30 p.m. - 3:00 p.m. **Workshops (Continued)**



Addressing the Special Needs of Children with an Incarcerated Family Member

Presented by Tim Schwaller, MSSW, LCSW, ACSW, Assistant Clinical Professor at UW-Milwaukee, Helen Bader School of Social Welfare and Therapist, Professional Services Group, West Allis, Wisconsin

About one in 43 children in the U.S. resident population under the age of 18 have a parent in prison. Children with parents and family members in prison are often hidden victims who present developmental, behavioral and academic concerns. This workshop will (1) explore what research tells us about the adverse effects of parental incarceration on children; (2) identify the special needs of children and families with an incarcerated member; (3) provide practical ideas and suggestions to support these children and their caregivers; and (4) share resources.



Job Center of Wisconsin: Tools You Can Use!

Amy Hansmann, Section Chief, DWD- Job Service Bureau and Jessica Williams, Outreach and Training Coordinator, DWD- Job Service Bureau

Job Center of Wisconsin (JCW) not just for job search anymore! JCW continues to evolve and grow to meet the ever-changing needs of career planner and participants. From customizable labor market information to education and training resources, JCW has what you need to assist you and your clients in reaching their employment goals. This presentation will provide an overview of JCW basics, demonstrate how to customize labor market information and provide information about the ACT Work Keys National Career Readiness Certificate.

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